

Where do you find hope?

Mental Health Tips & Tools for 2s, Teens, & Beyond



Join us for a panel discussion with educators and mental health professionals to learn how to best support our kids.

Take-home resources, community contacts, and light refreshments will be provided.

Esperanza Lutheran Church
2601 E Thunderhill Place
(Ray Road & Thunderhill Place)



Sunday, September 17, 1-3 pm