

# Qi-Gong

Foundation of Tai Chi

Combining Standing Movement with  
Breath Work

Summer Series – Tuesday Evenings

6/11 – 7/30 from 6:30 – 7:30 pm

Peace Park

340 E 15th St, Tempe, AZ 85281

Class is lead by Michele

Owner of Yoga for Today in Tempe

Recommended Donation to Attend Class

is \$5, cash only please

Release Form is Required

No Equipment is Needed

Come as you are!

